

regimen of hunks of meat, watery potatoes, and the too solid pudding is often hopeless.

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THE following list of dishes is given as prepared and sent to the Wards in one day at the St. John Hopkins Hospital, Baltimore:—

May 6th, 1892.

Ward D.—Beef broth, 1 pint.

Ward E.—Beef broth, 1 pint; snow pudding, 2 portions; beef juice, 6 ozs.; stewed prunes, 1 quart; mulled wine, 1 portion.

Ward F.—Beef broth, 2 pints; beef juice, 6 ozs.; restorative jelly, 1-2 pint; gluten bread, 1 loaf.

Ward G.—Beef broth, one pint; chicken broth, 1 pint; soft custard, 10 portions; sponge cake, 8 portions.

Ward H.—Chicken stew, 2 portions; beef broth, 1 pint; chicken broth, 1 pint.

Ward I.—Coffee jelly, 1 portion; velvet cream, 1 portion; potage à la Reine, 2 portions.

Ward C.—Beef broth, 2 pints; chicken broth, 2 pints; velvet cream, 3 portions; snow pudding, 3 portions; beef juice, 2 ozs.; oatmeal porridge, 10 portions; patage à la Reine, 3 portions.

Ward B.—Beef broth, 4 pints; chicken broth, 2 pints; oatmeal porridge, 12 portions; mock bisque soups, 6 portions; wine whey, 2 portions; mulled wine, 1 portion; broiled steak, 1 portion.

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THE only part of the *Trained Nurse* which is not up to date is "Nursing News from England." Here, all really professional news is conspicuous by its absence—the two matters most important to Nurses professionally—the burning topic of Registration of Trained Nurses or the great "Battle of the Nurses"; and the co-operation of the Medical Officers of Health and the Royal British Nurses' Association for the Nursing of Cholera patients—should the necessity arise—are not even mentioned. I should advise "Burton Crescent" to remember that Bumble is by no means a *persona grata* in the land of stars and stripes.

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OWING to the promotion of the three Night Superintendents to be Sisters of Wards at St. Bartholomew's Hospital, Miss BRUCE, Miss FINCH and Miss SHARP—all thoroughly trained certificated Nurses—have been appointed Night Superintendents at that Institution.

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THE Earl of YARBOROUGH recently opened at Lincoln a bazaar in aid of the local Institution for Nurses, which has realised the handsome profit of £2,186 13s. 11d.

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I AM informed that Miss DE PLEDGE, the much respected Matron of the Chelsea Infirmary, was on Christmas morning presented with a very hand-

some silver card case and purse combined, beautifully engraved, and bearing the following suitable inscription: "J. L. DE PLEDGE, Chelsea Infirmary. With the love and esteem of the Nurses. Christmas, 1892." Few, if any, Matrons have done so much during the last two or three years to improve the Nursing departments of their Hospitals as Miss DE PLEDGE has done. It is not too much to say that she has raised the Chelsea Infirmary very greatly in the estimation of the Nursing world, and that, amongst Infirmary Training Schools, it now holds the chief position.

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I AM glad to hear that Miss MARION HAY, who, last June, completed her three years' training at the Royal Infirmary, Aberdeen, has been appointed Head Nurse of the old Machar Poorhouse. Miss HAY is a Registered Nurse and a member of the R.B.N.A.

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IT is encouraging to hear, as I have recently done, of such well-trained Nurses being appointed to posts in the Scottish Poorhouses, for the Nursing in those Institutions needs improvement even more urgently than such are wanted in Poor Law Infirmarys on this side of the Tweed. An instructive case has quite recently come under our notice.

* * *

WE are often, of course, applied to, and give advice and assistance privately to Nurses who think they are being unfairly treated. In some instances it is only fair to say that we find the Nurse is distinctly in the wrong. But in some instances, there has been grave injustice done, and in not a few of these we have been able to get this remedied. One of the more recent matters, of which we have thus heard, related to a Poorhouse in Scotland, in which the Matron was an ex-laundry maid and the Master an ex-policeman. It is unnecessary to add that constant friction occurred with the trained Nurses placed under such superintendence. Recently, by the determined attitude of one of these Nurses, who, with good cause, considered herself unjustly treated by these superior officers, an inquiry was held, and the Matron and the Master were called upon to resign. I earnestly hope that a more rational system will now be adopted in that, and, in time, in all other Poorhouses in Scotland, and trained Nurses will be appointed to the post of Matron, as is so rapidly becoming the custom in this country.

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I LEARN, with much pleasure, that the General Staff of the South Eastern Fever Hospital, anxious to

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